

JULY 2022

# CHALK TALK

The Official Newsletter of  
Sylvania Northview High School Volleyball



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## WE ARE 27 DAYS UNTIL AUGUST!

### by Chad Rutkowski, Head Coach

It is simply hard to believe that we are already through the entire month of June and steamrolling our way into July, the 4th of July holiday and the last month before the 2022 Northview Volleyball season commences.

The beginning part of this season has been simply wonderful thus far. Our athletes are certainly committed to the sport of volleyball and we could not be more excited for the start of the season - we hope that you are excited too

With each passing day, we inch closer to our favorite day of the year - August 1st Tryout. We continue to be very optimistic for the success of this years squad at all levels, Freshman, JV and Varsity, as the talent in the gym has been notable day-in and day-out

With July comes a litany of events for our athletes approaching August 1st Tryouts:

- Summer Practices with coaching instruction
- Weight Training and Conditioning with Coach Kelsey
- Spirit Wear Order Forms
- Thursday Night Summer League at Premier Academy
- Asics Summer Site Camp at Northview
- Summer Slam Tournament at Premier Academy

All of these happenings will be outlined throughout this months newsletter as it is a lot to uncover. We look forward to this journey with all of you and hope you have an amazing summer!





## 2022 CALENDAR

Stay up to date on all of the events associated with Northview Volleyball. Please subscribe to the Northview Volleyball calendar online. **This is the most crucial so that you know when all activities are scheduled for this summer activities, weight liftings, practices, matches, scrimmages, meetings, etc.:**

- Computers and Mobile Devices:
  - Apple Devices: <https://tinyurl.com/ya5c3gjz>
  - Google and Android Devices: <https://bit.ly/307LzCA>
    - **It is required to click the appropriate link above and subscribe to this calendar on your mobile devices, tablets, computers, etc. as this is the way to understand what is happening and when.**

## SUMMER PRACTICES WITH INSTRUCTION

As we get to July, you will notice that the calendar has both "Open Gym" and "Summer Practice". The Ohio High School Athletic Association (OHSAA), permits coaches ten (10) coaching days from June 1st to July 31st. Strategically, we have saved these for the later parts of July and are excited to start instructing and coaching. These days are vital this summer as they provide the foundation for the season and, although not mandatory, we would love to see as many athletes on these days as possible.

## WEIGHT TRAINING & CONDITIONING

This year, Coach Kelsey Cortright has transitioned to be the Strength and Conditioning Coach for Northview Volleyball exclusively. And, with her expertise and personal passion for this area of our training, it is taking more of a front seat this year. When referencing the calendar (listed above), on each day, athletes could have both "practice/open gym/positional training/etc. and weight lifting. While these show as separate events on the calendar, they are not mutually exclusive of each other i.e. if your daughter attends practice, she must attend weight lifting and vice versa as they go hand-in-hand. This is the area that we will see the biggest and most comprehensive area of growth and look forward to continuing to work with our athletes in this area as it is a wonderful passion to have for a lifetime.

## SPIRIT WEAR

The 2022 Spirit Wear Order Form has already been sent via E-mail to each family. **Please let us know if you did not receive this E-mail with attachment and instructions.**

We ask that each parent reviews the content as soon as possible and sends back the Excel spreadsheet that will be shared for you to complete your order. Printed order forms will not be taken as orders must be sent back digitally. As we will stress moving forward, we will only place orders for those that are on final rosters after August 1st Tryouts and all other orders will be deleted and not fulfilled. Order will be placed immediately after August 1st Tryouts and payment for these items will be due on August 2, 2022.



## THURSDAY NIGHT SUMMER LEAGUE

Thursday nights in July at Premier Academy, 1630 Market Place Drive, Maumee, Ohio 43537. This league is run and managed by our program and is a great way to have weekly competition against other schools. This league will take place between 5:30 P.M. and 9:30 P.M. (athletes are to arrive by 5:00 P.M.) and the schedule will be released once all teams have registered - we anticipate having the schedule complete sometime in the next week.

All athletes will be communicated with whom they will be playing with on each night upon arrival to Premier and rosters may vary based on needs for a particular night.

## ASICS SUMMER SITE CAMP AT NORTHVIEW

Northview Volleyball will be hosting a Summer Site Camp at Northview July 15th, 16th and 17th from 9:00 A.M. to 2:15 P.M. for all grades 12th - incoming freshman. The cost of this camp is \$210,00 for 10.5 hours and we encourage all of our athletes to take part in this wonderful experience.

[Click here to register for the Asics Summer Site Camp.](#) All high school players, including incoming freshman are highly encouraged to attend.

## ASICS SUMMER SLAM TOURNAMENT

As we have for the past 7 season, we will, once again, be participating with three (3) teams in this tournament at Premier the weekend of July 23rd and 24th. We will divide individuals on to the three teams based on their grade in the fall of 2022. We will talk about this during practices leading up to this tournament and additional information about this will be provided via E-mail. However, we can state that ALL teams will participate, and ALL athletes will have the opportunity participate.

Please note that the rosters for this event are rosters for the entire upcoming season/year, nor do they have any impact on the upcoming tryouts on August 1st. All rosters will be finalized AFTER our August 1st tryout and not before. These rosters were put together by the coaches for this event and this event only based on the personnel that could attend and based on the roster limitations we had to work within.

The tournament schedule is not yet posted, but we should have it one (1) week leading up to the tournament which we will send out as soon as it is available.





# FUNDRAISERS

Each year, Northview Volleyball hosts a multitude of fundraisers to help raise additional support for our program to pay for summer leagues, tournaments, line judges, purchase equipment, improve technology and the on-going needs of our program as we continue to grow and invest in our athletes. All of these fundraisers need you and your networks to be successful and we appreciate your support and promotion of these events to make them successful. In addition, these are all on our Northview Volleyball calendar and will be posted on social media:

- Charlie's Ice Cream Fundraiser
  - JV - Sunday, August 7th from 3:00 P.M. to 6:00 P.M.
  - Freshman - Sunday, August 14th from 3:00 P.M. to 6:00 P.M.
  - Varsity - Sunday, August 21st from 3:00 P.M. to 6:00 P.M.
  - *Eat at Charlie's in Sylvania and 20% of gross sales and tips come back to Northview Volleyball.*
- Paddy Jack's Fundraiser - Wednesday, August 31st from 4:00 P.M. to 10:00 P.M.
  - Eat at Paddy Jack's (owned and operated by a NVVB Family) and 20% of all food sales, both dine-in and carry-out, will come back to support Northview Volleyball.
- Custom Water Bottle Sale
  - Purchase a water bottle, tumbler, or other item and a portion of the proceeds comes back to NVVB. These products are high quality and many of our families and coaches have these already.

**Charlie's**  
 EST. 1984  
 HOMEMADE ICE CREAM & BURGERS

**SUPPORT**  
**NORTHVIEW VOLLEYBALL**  
 JV | AUGUST 7TH | 3-6 P.M.  
 FRESHMAN | AUGUST 14TH | 3-6 P.M.  
 VARSITY | AUGUST 21ST | 3-6 P.M.

**20%**  
 gross sales  
 to NVVB

**RAFFLE TICKETS**  
 - PIES & SUNDAE KITS

Players will serve guests during this fundraising event.  
 Tips will be split between the Northview Volleyball Program  
 and Charlie's Staff

Charlie's Homemade Ice Cream & Burgers, 6500 W Sylvania Ave, Sylvania, OH 43560

**NORTHVIEW**  
 PERSONALIZED TUMBLERS & MORE  
**FUNDRAISER**

Support Sylvania Northview Volleyball!  
 \$6.00 of every purchase  
 goes to support Northview Volleyball!

Scan our QR  
 Code to get  
 yours now!

Available at:  
<https://thetrophyoutlet.com/fundraisers/sylvania-northview-volleyball/>



## PHYSICALS

As a reminder, all athletes need an OHSAA Pre-Participation Physical Exam form filled out and returned prior to participation. You will not be able to participate in my volleyball happenings until a physical has been turned in the coaching staff (this includes, but not limited to - open gyms, summer practices, conditioning, tryouts, leagues, etc.). Click here to access this year's [Physical Form](#).

## FINAL FORMS

This year, as in years past, Sylvania Schools will utilize Final Forms to collect and record necessary and required information for each athlete in order to participate in their respective sport. If you have not already signed up for a FinalForms account, please visit [www.sylvania-oh.finalforms.com](http://www.sylvania-oh.finalforms.com) and create an account. This must be done before August 1st Tryouts. If you already have an existing account, please sign in and make sure that all information is up-to-date and applicable for the 2022 season.

## GROUPME APP FOR COMMUNICATION

Each one of our incoming athletes have been added to the already existing Northview Volleyball group chat on the app "GroupMe". Please help to make sure that your daughter has access to this team chat and is an active participant as all of our communication on a day-to-day basis will be communicated to them directly. We do send a lot of communication to our athletes directly through GroupMe and hope that your athlete shares any important information with you directly.

## SOCIAL MEDIA & WEBSITE

For the past couple of years, we have been working tremendously hard to digitize most of our content and information, as well as create some new and exciting things for our program. Please visit our website ([www.northviewwildcats.org](http://www.northviewwildcats.org)) and click on Team Files to access computer and mobile device backgrounds, daily checklist for athletes, links for match schedules only that you can share with family members. We appreciate the support of going digital with most of our materials and hope that you will find them helpful and user friendly.

Follow us on social media.

Facebook | Sylvania Northview High School Volleyball @NVHSVBALL

Twitter | @NVHSVBALL

Instagram | @NVHSVBALL

Snapchat | @NVHSVBALL

TikTok | @NVHSVBALL

LinkTree | [linktr.ee/NVHSVBALL](http://linktr.ee/NVHSVBALL)

Northview Athletic Website - [www.northviewwildcats.org](http://www.northviewwildcats.org)

All Northview Volleyball resources can be found online. It is highly encouraged that you utilize the website as much as possible. All of our match results and pictures of our athletes can be found on our social media - please like, follow, share and be as active as you can with our social media posts! It is a wonderful way to get people engaged with our program and to drive individuals to come support our program at one of our matches.